



Dear Patient,

Thank you for the opportunity to be a partner with you in your health care.

We have included several important forms that we will review at your first appointment. Your detailed and thoughtful responses will help us to utilize our time more effectively. Please bring these forms to your first office visit. Your first visit will be a thorough assessment of your health and you will need to allow an hour and a half.

If you are unable to keep your scheduled appointment time, please let us know at least 48 hours prior to the scheduled time so that we may allow other patients to have your appointment. We will be glad to reschedule your visit. Please help us to serve you better by keeping scheduled appointments.

Please remember to bring in copies of any recent lab work or medical records as well as all the bottles of supplements and/or medications you are currently taking.

We look forward to seeing you. Our goal is to become a trusted partner in assisting you with your health care needs.

Yours in health,

Dr. Peter V. Swanz
Vital Force Naturopathy
Inspiring Your Unique Vitality