# Instructions for Homeopathic Intake Form

Please answer the questions on the following pages as carefully, thoughtfully, and accurately as possible. Many of the questions may not seem directly related to your problem or main complaint, however, each one may help determine which homeopathic remedy is best suited for you. **All information in this questionnaire is kept confidential.**

The questionnaire is designed to be user friendly. You can answer many of the questions by placing a circle around the appropriate number. For example:

**Which weather conditions are you most troubled by?**
Circling a number closer to the clear end means that you are more troubled by clear weather.
Circling a number closer to the cloudy end means that you are troubled by cloudy weather.

Cloudy Clear
1 2 3 4 5 6 7 8 9 10

Some questions will ask you to rate how much you are troubled by a single particular symptom or how much of this quality characterizes you in general. Circling number "1" means that you are troubled very little while marking "10" means that you are troubled a lot. For example:

**Do you worry about any of the following?**

Circling closer to "10" means that you worry about your health a lot. Circling closer to "1" means that you do not worry about your health.

1 2 3 4 5 6 7 8 9 10 Health

Some questions ask you to circle the answer you think best fits you. For example:

**What are your feelings toward disease?**

Optimistic
Doubtful of Recovery
Fearful
Despair of Recovery